

The First Promise of a Savior

Genesis 3:15 | Participant worksheet | 30–45 minutes

Name _____ Date _____

Explore how God introduces hope amid sin and judgment, and how Christians understand this promise in light of Jesus. Use your Bible for the readings below.

Read and explore

Read Genesis 3:1–19. Adam and Eve have disobeyed God. God addresses the serpent before describing the consequences for the woman and the man. Read verse 15 again:

“I will put hostility between you and the woman, and between your offspring and her offspring. He will bruise your head, and you will bruise his heel.”

Genesis 3:15 • World English Bible (public domain)

Word help: Enmity means hostility. Offspring, sometimes translated seed, can refer to descendants collectively or to a particular descendant, depending on context.

1. Who is speaking in verse 15, and whom is he addressing?

2. Between whom does God place hostility? Identify both pairs.

3. What happens to the serpent’s head and to the offspring’s heel? What difference do you notice between the injuries?

4. What hope might this verse introduce into a chapter about sin and judgment?

Connect and reflect

Read each passage in your Bible before answering. Consider what each passage says about Jesus and how it might illuminate Genesis 3:15.

5. Read Galatians 4:4–5. How did God’s Son enter the world, and why did God send him?

6. Read Hebrews 2:14–15. How are Jesus’ humanity and death connected with victory over the devil and freedom from fear?

7. Read 1 John 3:8. What purpose does John give for the appearance of the Son of God?

Study note: Genesis 3:15 does not name Jesus or explicitly describe crucifixion. Christians understand its conflict, suffering, and victory in light of the fuller revelation of Jesus in the New Testament.

8. Taken together, how do these readings help Christians understand Genesis 3:15?

9. What does God’s introduction of hope amid judgment reveal about his character? How could this encourage you this week?

10. My main takeaway and an optional prayer

Explore further: Romans 5:12–21 compares Adam and Christ. How do the results of Adam’s disobedience differ from the results of Christ’s obedience?

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